

9:00 AM WORSHIP

WELCOME

Laura Sherwood

LIGHTING OF THE THIRD ADVENT CANDLE - JOY

Denise Beihoffer & Dawn McGrath

Please participate in the Advent Wreath liturgy as it appears on the screen. (Congregation recite where "All" is noted.)

†"JOYFUL, JOYFUL, WE ADORE THEE"

arr. Hendrickson

PRAYER OF CONFESSION AND HOPEFULNESS

Rev. Barbara Gorsky

Immanuel, God-with-us, God of peace and promise, we know we are never alone because you are always with us. You were with us when we were anxious and worried, unable to feel peace. You were with us when we were causing chaos and disrupting the peace. You were with us when we forfeited our peace in exchange for other obsessions. You know these imperfections and moments of loss. We confess them with boldness because you never leave nor forsake us. Forgive us, God. Amen.

†SUNG RESPONSE

"Glory to God"

HYMN 582

†TIME OF GREETING

ANNOUNCEMENTS

Rev. Laura Sherwood

Please sign the Friendship Pad and pass it along to those around you.

JOHN 1:6-8, 19-28

Rev. Barbara Gorsky

MESSAGE

Rev. Laura Sherwood

"God With Us Through the Gift of Joy" Scripture: 1 Thessalonians 5:16-24

SONG

Barrett & Brown

PRAYERS OF THE PEOPLE & THE LORD'S PRAYER

Rev. Barbara Gorsky

SHARING OUR GIFTS

"I Saw the Light"

Hank Williams Sr.

PRAYER OF THANKSGIVING

†"JOY TO THE WORLD"

arr. Hendrickson

†CHARGE & BENEDICTION

Rev. Laura Sherwood

Compass: Dan Berg, guitar; Amy Carroll, piano; Kevin Carroll, bass; Adam Hendrickson, guitar/vocals; Greg Schultz, saxophone; Todd Smith, drums

WELCOME, GUESTS!

Thank you for worshiping with us this morning.

Stop by the Welcome Center in the Narthex (lobby) to pick up information that will acquaint you with our church services and programs. You are also invited to join the conversation on Facebook, at facebook.com/firstpresah, Twitter, at @FirstPresAh, and Instagram, at @firstpresah. We look forward to connecting with you again.

CHILD CARE

Children of all ages are warmly welcomed and encouraged to participate in worship. Child care is available (infants through age four) in the Christian Education Wing (8:45 am - 11:45 am).

CLASSES FOR ALL AGES

From September through May, Sunday morning Christian education classes are held for all ages. These include classes for preschool, elementary, middle school, and high school students, as well as education and discussion groups for adults. To learn more, visit firstpresah.org or call the church office at 847-255-5900.

SPECIAL ASSISTANCE

For worship in the Sanctuary, large print bulletins, and hearing amplifiers (some with T-Coil lanyard adapters) are available from the ushers.

IMPORTANT WORSHIP REMINDERS

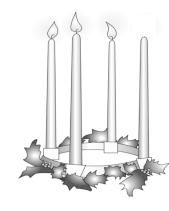
Please silence cell phones and refrain from taking photos or recording the worship service. Services are webcast live at firstpresah.org/experience/ livestream. To download or listen to a podcast of today's sermon, search Apple podcasts for The Word @ First Pres. Past sermons are available at firstpresah.org/experience/sermons.

SOURCES FOR WORSHIP

Worship litanies and prayers from God with Us by Illustrated Ministry; unless otherwise indicated all scripture readings are from the New Revised Standard Version Updated Edition (NRSVUE).

First Presbyterian Church of Arlington Heights

A congregation of the Presbyterian Church (USA) Organized in 1855



"Joy is the simplest form of gratitude." — Karl Barth

SERVICE FOR THE LORD'S DAY THIRD SUNDAY OF ADVENT

DECEMBER 17, 2023 9:00 & 10:30 AM

Choose bve.Be the light.Change the word.

First Presbyterian Church of Arlington Heights 302 N. Dunton Avenue • Arlington Heights, IL 60004 847-255-5900 • firstpresah.org • mail@firstpresah.org



Please stand as you are able.

10:30 AM WORSHIP

GATHERING AS GOD'S PEOPLE

PRELUDE

"In Dulci Jubilo"

J. S. Bach "Watchmen, Tell Us of the Night" Carolyn Hamlin

The prelude is your invitation to quiet preparation for the worship of Almighty God.

WELCOME

Rev. Laura Sherwood

Introit "Sing We Nowell!" Terry D. Taylor

"Nowell we sing! Tidings of joyful news we bring! Christ has come with us to dwell. Jesus our Emmanuel. Nowell we sing! Tidings of joyful news we bring! With angelic hosts proclaim, 'Christ is born in Bethlehem!' He is Wonderful Counselor, Mighty God, Everlasting Father. Jesus, Messiah, the Prince of Peace, come to reign forever." Children's Choir; Nick Pulikowski, director

LIGHTING OF THE THIRD ADVENT CANDLE - JOY K-5 Children

†HYMN 97

"Watchmen, Tell Us of the Night"

ABERYSTWYTH

CALL TO CONFESSION

Rev. Barbara Gorsky

PRAYER OF CONFESSION

Immanuel, God-with-us, Dayspring of Joy, we confess we confuse your joy for thrills, for momentary satisfaction and for simple pleasures. But even when we have traded the profound depth of Christian joy for shallow, temporary pleasures, you are with us, beckoning us into a more substantial life where brief hits of dopamine are overshadowed by mature, lasting joy. Where we have lost our way on a path toward joy, forgive us, God...

SILENT CONFESSION

(please pray a silent and personal prayer of confession during this time) ...in Jesus' name we pray. Amen.

WORDS OF FORGIVENESS

One: The joy of the Lord has no height, no depth, no end. And God is waiting for us with joyful expectation to rejoice once again. Be pardoned. Receive grace today and be free to love yourself, your neighbors and our God.

All: Thanks be to God! Amen.

PRESPONSE (Hymn 84 vs.1)

Creator of the stars of night, your people's everlasting light, O Christ, redeemer of us all, we pray you, hear us when we call.

†TIME OF GREETING

COMMUNITY LIFE

Rev. Laura Sherwood

Please sign the Friendship Pad and pass it along to those around you.

HEARING GOD'S WORD

PRAYER OF ILLUMINATION

Rev. Barbara Gorsky

FIRST SCRIPTURE READING

John 1:6-8, 19-28

(Pew Bible, p. 862) Rev. Barbara Gorsky The Word of the Lord/Thanks be to God!

ANTHEM "Before the Paling of the Stars" Cecilia McDowall "Before the paling of the stars, Before the winter morn, Before the earliest cockcrow, Jesus Christ was born: Born in a stable, Cradled in a manger, In the world his hands had made, Born a stranger, Born in a stable, Cradled in a manger, In the world his hands had made, Born a stranger. Priest and king lay fast asleep in Jerusalem; Young and old lay fast asleep in crowded Bethlehem; Saint and angel, ox and ass, Kept a watch together. Before the Christmas daybreak, In the winter weather. Saint and angel, ox and ass, Kept a watch together, In the winter weather. Jesus on his mother's breast, *In the stable cold, Spotless lamb of God was he, Shepherd of the fold:* Let us kneel with Mary maid, With Joseph bent and hoary, With saint and angel, ox and ass, To hail the King of glory. With saint and angel, ox and ass, To hail the King of glory; Jesus Christ was born.

Chancel Choir

SECOND SCRIPTURE READING

1 Thessalonians 5:16-24

(Pew Bible, p. 961) Rev. Laura Sherwood The Word of the Lord/Thanks be to God!

SERMON

Rev. Laura Sherwood

"God With Us Through the Gift of Joy"

†HYMN 79

"Light Dawns on a Weary World"

TEMPLE OF PEACE

GIVING THANKS TO GOD

PRAYERS OF THE PEOPLE

Rev. Barbara Gorsky

LORD'S PRAYER

Our Father who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our sins, as we forgive those who sin against us; and lead us not into temptation, but deliver us from evil. For thine is the kingdom and the power and the glory, forever. Amen.

CALL FOR OFFERING

OFFERTORY

"How Great Our Joy!"

John Rutter

"While by my sheep we watched at night, Glad tidings brought an angel bright. How great our joy! Great our joy! Joy, joy, joy! Praise we the Lord in heaven on high! There shall be born, so he did say, In Bethlehem a child today. How great our joy! Great our joy! Joy, joy, joy! Praise we the Lord in heaven on high! There shall the Child lie in a stall, This Child who shall redeem us all. How great our joy! Joy, joy! Praise we the Lord in heaven on high! This Gift of God we'll cherish well, That ever joy our hearts shall fill. How great our joy! Great our joy! Joy, joy, joy! Praise we the Lord in heaven on high! Chancel Choir

†RESPONSE

What can I give him, poor as I am? If I were a shepherd, I would bring a lamb; if I were a wise man, I would do my part; yet what I can I give him: give my heart.

PRAYER OF THANKSGIVING

One: Immanuel, God-with-us and God of our ancestors, As we part with our resources, returning an offering from the abundance of your provision, we are filled with hope. We know when we come together with our gifts, you are faithful to create something glorious. Take our offering as an investment into a new world of love and justice.

All: Amen.

GOING FORTH IN GOD'S NAME

†HYMN 134

"Joy to the World"

ANTIOCH

♦CHARGE **&** BENEDICTION

Rev. Laura Sherwood

POSTLUDE

"Joy to the World"

Carolyn Hamlin

Please stand as you are able.

John Sonderegger — In celebration of Bea Sonderegger's 90th Flowers:

birthday

Listing of Worship Leaders:

Preaching: Rev. Laura Sherwood **Liturgist:** Rev. Barbara Gorsky

Rev. Laura Sherwood, Interim Head of Staff, Rev. Barbara Pastors:

Gorsky, Bridge Associate

Director of Music and Worship: Adam Hendrickson

Associate Director of Music and Organist: Christopher Urban

Praise Band: Compass (9:00 am service)

Tech Support and Livestream: Amy Senior and Jonah White

Prayer Requests

Healing & Comfort

First Pres Community

Mario Alberico Mary Clarbour Carole Anderson Marilyn Giacoppi Don & Judy Ayers Launa Ismail Wendy Blanck Marylyn Jirsa Virginia Blocki Sandy Naeher Dawn Bruce Patty Richard Sandy Richardson Laura Carlson Jean Castles Susan Scott Bill Christian Nancy Stautzenbach

Friends & Family

Saraya Angle — niece of Tonya Griffin Jennifer Dix — daughter of Sam & Jan Dix Karl Gates — friend of Mary Kiepura Donna Hames — friend of Mary Halatek

Gary Meunier — friend of Kim Hogan

Tom Nemec — friend of Kevin & Carol Kelley

Desa Peric — great-granddaughter of Steve Smith

Phil Perillo — brother of Kristie Cerniglia

Larry Pohlman — friend of Kevin & Carol Kelley

Jerry Shields — husband of Dianne Shields

Tom Spaeth — friend of Steve Smith Ken Stiles — friend of Jan Niemeyer

Susan Strasser — friend of Krigas family

Dale VanEck — friend of Corinne

Peterson

Claire Walsh — cousin of Mary

Hebden

Sympathy to

Ellen & TC Anderson, on the death of Ellen's mother, Kathy Warner The Frieburg family, on the death of Carol Frieburg

The Holmes family, on the death of Dan Holmes

The Landwehr family, on death of Pete's father, Roger Landwehr, grandfather to Kurt and Brian, great-grandfather to Charlie, Susannah, Everett, James and Mason

Serving in the Armed Services

MU2 Wesley Carroll, Navy — son of Kevin and Amy Carroll, grandson of JoAnn Thompson

Lt. Col. Michael B. Ford, US Army Reserves — stepson of Kris Ford Brandon Latuzek — nephew of Elaine Chen

Capt. John Olszewski, USMC — nephew of Steve and Lisa Olszewski Col. Gretchen Wiltse — sister of Vincent and Heidi Wiltse

About First Pres

STAFF

Interim Pastor / Head of Staff: Laura Sherwood

Bridge Interim Associate Pastor: Barbara Gorsky

Pastor Emeritus: Harry Thompson

Associate Pastor Emerita:

Dianne Shields

Director of Children's & Youth Ministries: Rebekah Anderson

Director of Music and Worship: Adam Hendrickson

Associate Director of Music and Organist: Christopher Urban

Worship Technicians: Amy Senior, Jonah White **Business Administrator:**

Debbie Walter

Senior Administrative Assistant:

Mary Fino

Administrative Assistant / Receptionist: Carol Vega

Facilities Director: Tony Scheurich

Facilities Coordinator: Michele Holifield

Director of First Pres PDO & Preschool: Coleen Anzalone

Nursery Coordinator: Beth Johnson

Save the Date

Cookie Walk Today

Today Concert: Glory of Christmas

December 24 Christmas Eve Worship at 10:30 am, 4:00 and 8:00 pm

December 25 & 26 Office Closed

Worship Service at 10:30 am only December 31

Office Closed January 1

PASTORAL CARE — If you have a death in the family, an anticipated surgery, the birth of a new baby, or if you or a loved one are struggling, your pastors and church family want to be there to support you. Please contact Rev. Barbara Gorsky, at barbaragorsky@firstpresah.org, or 847-255-5900, extension 225 or Rev. Laura Sherwood, at laurasherwood@firstpresah.org or 847-255-5900, extension 229 or call the church office to share your pastoral needs.

LIVE WEBCAST & WORSHIP RECORDINGS — Services are webcast live at firstpresah.org/experience/livestream. To download or listen to a podcast of today's sermon, search Apple podcasts for The Word @ First Pres. Past sermons are available at firstpresah.org/experience/sermons. If you need help with technical problems, please send an email to webcasting@firstpresah.org.

GET CONNECTED — Join the conversation on Facebook, at facebook.com/ firstpresah; Twitter, at @FirstPresAH; and Instagram, at @firstpresah. Download the free ACS Church Life app or visit the website to access the church directory or manage your giving online. Simply set up a user account at firstpresah.org under the Member Login tab to get started. We look forward to connecting with you!



Choose bye. Be the light. Change the world.

First Presbyterian Church of Arlington Heights 302 North Dunton, Arlington Heights, IL 60004 847-255-5900 / www.firstpresah.org / mail@firstpresah.org



Church Life

December 17, 2023

We believe in building the kingdom of God in this world. We strive to be a welcoming and inclusive church that celebrates the diversity existing in our community. That means bringing good news to the poor, freedom to the oppressed, welcoming the stranger, and loving one another as Jesus loves us. We do this by choosing love and being the light that changes the world. Thank you for worshiping with us in this spirit.

WELCOME TO FIRST PRESBYTERIAN CHURCH OF ARLINGTON

HEIGHTS: Please sign the Friendship Pad and pass it along to those around you.

ADVENT DEVOTIONAL — Pick up your family Advent Devotional today: bless the Advent We Actually Have. Devotionals will be available in the literature racks in the back of church. A link to the digital version of the devotional is also available in the Weekly Highlights email.

COOKIE WALK! — Today / Parlor — Support Youth Ministries by participating in this delicious event. Stop in the Parlor after each service to select cookies for each \$10-per-box donation!



THE GLORY OF CHRISTMAS — Today / 4:00 pm / Serves Sanctuary — Chancel Choir, Men's Chorus and orchestra present Christmas music themed around winter wonderlands!

Featured composers include Dan Forrest, Ola Gjeilo and Dan Rutter. Come early to get a seat! A reception will follow the concert.

refugee©NE REFUGEEONE HOUSEHOLD COLLECTION — Thank you for your commitment to provide needed items. As a

reminder, items should be dropped off at the church today. Please contact Kim Hogan or Michele Holifield if you have questions.

December 17 — Third Sunday of Advent

8:45 am – 11:15 am — Child care (infants – 4 years) — Room 205/207 (Blue Room), Main Floor Christian Education (CE) Wing

9:00 am Worship — Chapel

9:00 am Adult Education — Boardroom

10:00 am Adult Choir Rehearsal — Choir Auditorium

10:00 am Fellowship Time & Cookie Walk — Parlor, Narthex

10:30 am Worship — Sanctuary

10:30 am Preschool Sunday School (3- & 4-year olds) — Room 206

10:30 am K-5 Sunday School — Room 304

10:30 am Sunday School (Grades 5-7 & 9-12) — Room 301/303

10:30 am Confirmation — Room 109/111

10:30 am Coffee: Grounds for Discussion & Service — Room 110

11:30 am Fellowship Time & Cookie Walk — Parlor, Narthex

12:00 pm Stone Catchers — Forum

2:30 pm Choir Warmup — Sanctuary

4:00 pm Concert Series: The Glory of Christmas — Sanctuary

5:30 pm Reception — Parlor, Narthex

6:00 pm HSYG — HS Lounge, Gym

Upcoming Events



Family FAMILY NIGHT PROGRAMMING — Wednesdays / 6:00-8:00 pm / September through May — Come and share dinner

and fellowship with families from First Pres and the broader community. This program includes dinner, adult education and programs for children and youth.

Weekly Schedule:

6:00-7:00 pm: Drop-in dinner time for all ages

6:45-8:00 pm: Christmas Camp (grades Preschool-Grade 5)

7:00-8:00 pm: Classes and programs, including:

- ENGAGE & ENCOUNTER adult Christian education
- Middle School Youth Group (grades 6-8)

ENGAGE & ENCOUNTER — Engage & Encounter is on break for the holidays. Join us Wednesdays, January 10 through February 7 / 7:00 pm / Chapel / Exodus: A Historical Approach / Dr. Donald Kaasch — What does the historical record, outside of the Old Testament, tell us about the pivotal importance of the Exodus story? Who wrote Exodus? When? What does it set up for the rest of the OT? Who is Moses in the OT and what does history tell us about him? There's so much good stuff to learn, come and take part!

PW CIRCLE 7 — Tuesday, December 19 / 6:30 pm — Circle 7 will be celebrating the holidays with dinner at Toscana Restaurant (1859 W Central, AH). RSVP by Sunday, December 17 to Karen Wilson at 847-669-2677 or email her at karenwilson814@comcast.net.

OFFICE CLOSURE & UPDATED WORSHIP SCHEDULE — Please note the change in worship schedule, listed below, for Christmas Eve. The office will be closed on Monday, December 25, Tuesday December 26 and Monday, January 1. There will be only one worship service at 10:30 am on Sunday, December 31 in the Sanctuary.

JAN'S JAM — January 5, 2024 — Get ready to ring in the new year in the best way possible! Jan's Jam is back! All middle and high school students are invited to join us for an evening of amazing fun together! This amazing event is named in memory of Jan Munz who was deeply committed to youth at First Pres. Keep an eye out for more information on the activities and logistics of Jan's Jam this year! If you're interested in helping to plan this year's Jan's Jam or have any questions, please contact Rebekah Anderson by email.

CHRISTMAS & NEW YEAR WORSHIP SCHEDULE

All Christmas Eve services will be webcast at firstpresah.org/ experience/livestream.

Christmas Eve — Sunday, December 24

10:30 am: Fourth Sunday in Advent / Chapel Music: Compass Praise Band

4:00 pm: Christmas Pageant / Sanctuary

Featuring children in preschool through fifth grade, the First Pres Children's Choir and Youth Handbell Choir

8:00 pm: Lessons, Carols & Candlelight / Sanctuary Music: Chancel Choir

New Years Eve — Sunday, December 31

10:30 am: First Sunday of Christmas / Sanctuary



Serving, Giving, and Growing

COFFEE: GROUNDS FOR DISCUSSION & SERVICE — Final Class Today / 10:30 am / Room 110 — The Heart That Grew Three Sizes: Finding Faith in the Story of the Grinch — In this Advent study, Matt Rawle explores the faith themes in the Christmas classic, How the Grinch Stole Christmas! including, how did the Grinch's heart grow three sizes come Christmas morning? Could it be that the very thing we think we hate is the one thing that changes our lives? Watch for new class coming soon!

SUNDAY EDUCATION FOR ADULTS — Final Class today! / 9:00 am / Boardroom / Rev. Ken Hockenberry / A Surprising God — The world that is emerging from the global pandemic raises old questions with a new urgency: Where do we find hope when it seems in such short supply? In their new devotional, A Surprising God, Tom Long and Donyelle McCray remind us that these are the questions of Advent.

COOKBOOKS MAKE A WONDERFUL GIFT! — The Family Night dinner team has compiled many of the Family Night favorite meals into a beautifully designed three-ring binder style notebook. These cookbooks make wonderful gifts for family and friends. Please consider supporting our kitchen fund by purchasing one or more cookbooks. The cost of the cookbook is \$20. If you are unable to purchase one on a Sunday morning or Wednesday evening, please email famnightcookbook@gmail.com to arrange pick-up. Proceeds from the sale of the cookbooks will provide some new Fellowship Hall kitchen equipment with 10% of the proceeds going to programs that address food insecurity.

CHRISTMAS JOY OFFERING — Donate during the month of December — Through the Christmas Joy Offering, we have an opportunity to honor past, present and future church leaders who faithfully work to lead us toward God. 50% of the Joy Offering supports present and retired church workers who are experiencing extreme financial need. The remaining 50% provides much needed financial assistance to Presbyterian related schools and colleges that equip students of color with education and leadership development skills. Please give generously!

NEW ONLINE GIVING PORTAL — Effective January 2024, we will be transitioning to a new online giving portal, Abundant Online Giving. The new portal will allow members to cover the processing fee for online credit card giving. In 2022, we were charged \$11,000 in processing fees and we expect to be charged approximately \$9,800 in 2023. These are fees that could be going to the mission and ministry of First Pres. If you currently have scheduled online giving for 2023 and have already signed up for online giving in 2024, you will need to set this up again in January. More information will be coming in a Constant Contact. If you have any questions, contact business administrator, Debbie Walter, at debbiewalter@firstpresah.org.

2023 PLEDGE REMINDER — 2023 year-end is fast approaching. Please remember to complete your 2023 pledge. All payments will be processed through December 31. If you are unsure of your pledge balance, please contact Debbie Walter at the church office. Thank you for your contributions to First Pres.



HAVE YOU TURNED IN YOUR 2024 COMMITMENT

CARD? — If you have not yet had a chance to turn in your Commitment Card for 2024, you are invited to place your

card in the offering plate today. Or, you can drop it off or mail it to the church office, to the attention of Debbie Walter, business administrator. You can also enter your commitment online at firstpresah.org.

Worship Next Sunday

December 24, 2023: Fourth Sunday of Advent / Christmas Eve

10:30 am — Worship (Chapel)

Music: Compass Praise Band

Preacher: Rev. Laura Sherwood

Romans 16:25-27; Luke 1:26-28 Scriptures:

Sermon Title: "God With Us Through the Gift of Love"

4:00 pm — Worship (Sanctuary)

Music: Children's Choir and Youth Handbell Choir

Children's Pageant & Candlelight

8:00 pm — Worship (Sanctuary)

Music: Chancel Choir (Prelude begins at 7:30 pm)

Preachers: Revs. Laura Sherwood, Barbara Gorsky, Rebekah Anderson

Scriptures: Titus 2:11-14; Luke 2:1-14

Sermon Title: "God With Us"

If you give electronically but would like to put something in the offering plate, we invite you to use the laminated bookmarks available in the pew rack in front of you. We will be keeping you abreast of your generosity.

> Bookmarks \$2,697.01

CURRENT GIVING OPPORTUNITY: Novi — Our Annual Speaker this year focused on an organization working with children affected by the war in Ukraine. During the month of December, you have the opportunity to support their mission to provide emotional support, nutritious food and access to education for children living in Ukraine. 4.5 million children remain in Ukraine, and Novi works to provide care for these children who are exposed to violence, displacement and emotional trauma.

THANKS FOR YOUR HELP DECORATING OUR CHURCH — Thank you to the many volunteers who came out to decorate our church for Advent and Christmas. Many hands made light work! Enjoy the beauty of the season, but don't forget—we will meet, once again, on January 6, at 9:30 am, to take down and store all the decorations. Please mark your calendar now!

CHRISTOPHER HOUSE FAMILY TO FAMILY THANK YOU — Thank you to all who adopted one of the 35 families to buy them Christmas gifts and Aldi or Jewel food gift cards. The bags of gifts were delivered to their Logan Square location drop off site. Liz Thompson, representative for Christopher House

MARY AND MARTHA'S LENDING CLOSET — Mary and Martha's Lending Closet is ready to help you with all of your holiday hospitality. If you have not visited Mary and Martha's, make an appointment to see all that we have to offer. We look forward to seeing you this holiday season. Contact Mary and Martha's Lending Closet at maryandmartha@firstpresah.org.

PADS (PUBLIC ACTION TO DELIVER SHELTER) — The First Pres PADS overnight shelter is open for the season. Each evening, we need twelve volunteers to fill our shifts. Training is provided for all volunteers. We also have many opportunities to donate food and other items for our guests. If you have any questions or would like more information, email pads@firstpresah.org.